

# STAR SESSIONS

## MENU

STARTER

### Soup of the Day

Carrot and Ginger Cream | Crème Fraiche | Pea shoots

Or

### Autumn Salad

Mixed Greens | Arugula | Roasted Sweet Potatoes | Pumpkin Seeds | Apples | Blue Cheese | Orange Cranberry Vinaigrette

MAIN

### Roasted Vegetables

Carrots | Yams | Butternut squash | Red Potatoes | Sweet Peppers | Quinoa | Balsamic Glaze | Goat Cheese

or

### Maple Salmon

Pan Fried Salmon Filet | Roasted Veggies | Maple Cream | Garlic & Leak Smashed Potatoes

or

### Chicken Pancetta

Chicken Breast | Pancetta | Grilled Green Beans | Gnocchi al Pomodoro | Basil Pesto

DESSERT

### Lemon Streusel

Berry Compote | Cream | Merengue